

Central Pines Board of Delegates Meeting

October 22, 2025

Please mute unless speaking.

Staff are monitoring the chat box.



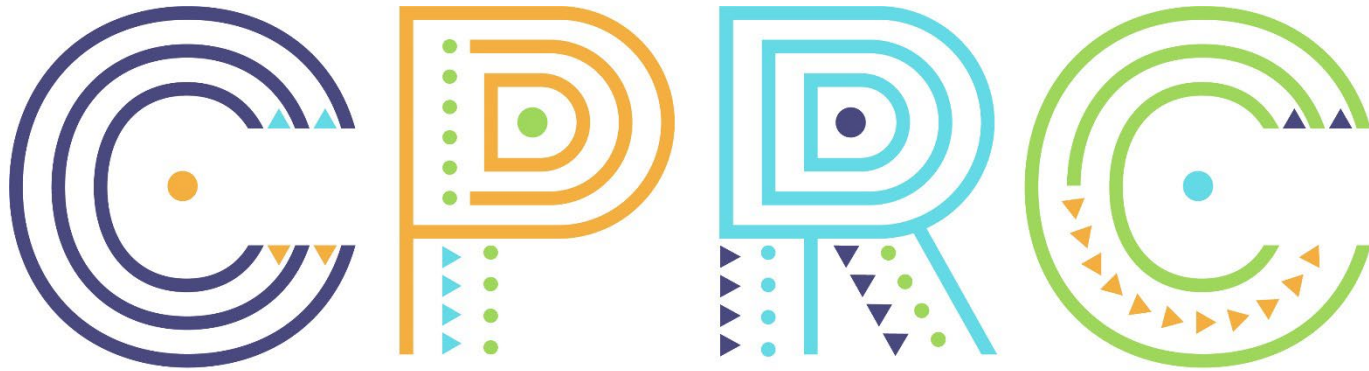
Call to Order & Roll Call

When your local government is called, please state your name.

If both the Delegate and Alternate are present, the Delegate should state name first.



Get to Know



CENTRAL PINES REGIONAL COUNCIL

CPRC Spotlight

UNITE Street Medicine Program

Jillian Hall

Community Health Program Coordinator





UNITE

Unsheltered Neighbor Interventions, Therapies, and Engagement

A Central Pines Regional Council Initiative





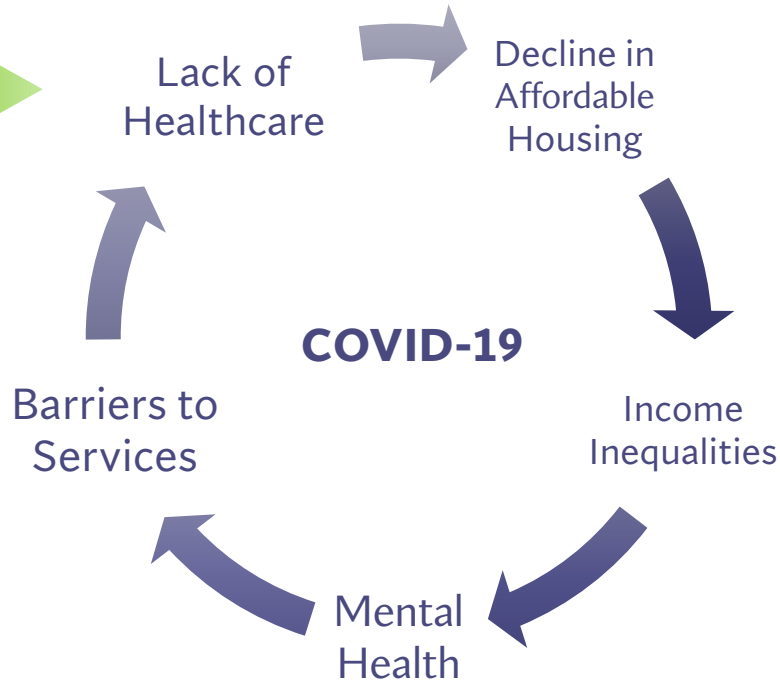
In 2024, Durham recorded
415 individuals
experiencing
homelessness (a 10%
increase from 2023)

Fewer than 10% of Durham's
unhoused neighbors have a
primary care doctor, leading
to a reliance on emergency
services for healthcare

The life expectancy of
people experiencing
homelessness is **nearly 30**
years shorter than their
housed counterparts

Source: City of Durham 2024 Point in Time (PIT) and Housing Inventory Count (HIC) Report





- Increased housing instability, shelter capacity reduction
 - Eviction moratoriums temporarily slowed instability
 - Federal funding helped expand shelter space
- Increased health risks
- Exacerbated isolation
- Delays in services



What is Street Medicine?

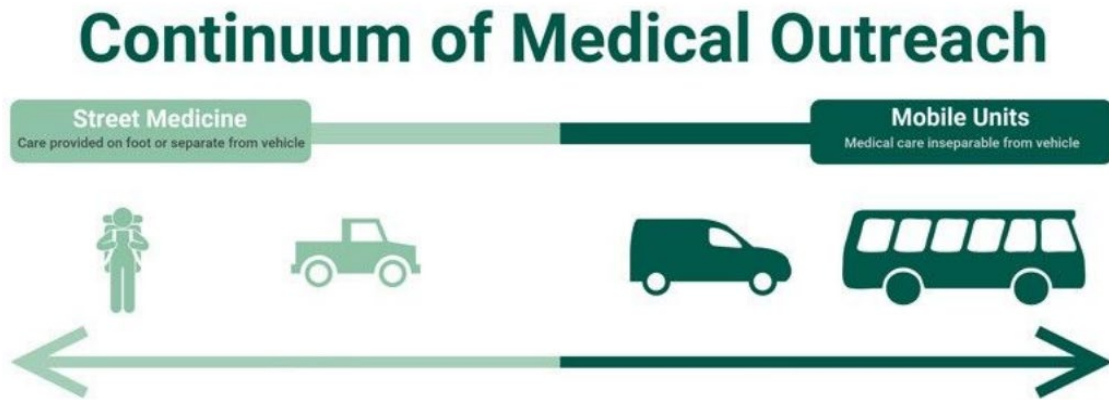
- Community-based care model delivering health services **directly** to individuals
- Holistic care
 - Connections to social supports like housing, SSI/SSDI, Medicaid, Coordinated Entry System
- Emphasis on **access, relationships, and dignity**
- Models of services
 - Backpack
 - Access Points
 - Pop-Up Events



Source: Health Care for the Homeless
Clinicians' Network; Photo courtesy of
Pittsburgh Mercy

What is Street Medicine?

- Over 150 programs nationwide
 - Vary in scope and goals
 - Many relying on grants and/or volunteer time
 - Relationship building is essential to success
- Expansion of street medicine in Medicaid is a key policy change needed



UNITE Team



Jillian Hall
Program Coordinator



Lindsay Whitson
C&E Development Director



Gherian Foster
Outreach Specialist



Katie Founds
Outreach Specialist



Princess Smith
SOAR Practitioner



Durham Library
Outreach Specialist

UNITE Pilot Objectives

Identify “hubs” of unsheltered activity	Increase utilization of behavioral health supports
Maintain and/or increase income and access to non-cash benefits	Improve access to basic medical screenings
Improve housing status of unsheltered neighbors	Increase the number of neighbors connected to a primary care provider
Increase investment and engagement in direct service to unsheltered neighbors by key partners	Ensure connections to medical insurance

Leveraged Partners



Community Health Labs Durham Tech



Community Health Labs

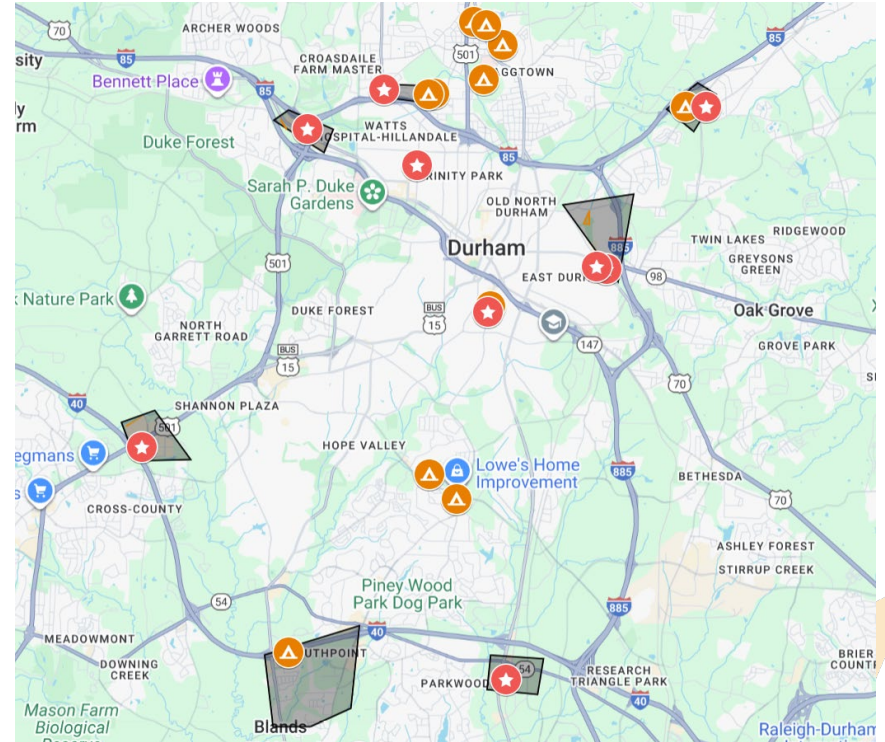
- Open Table Ministries Free Store
 - Clothing, shoes, coats, toiletries
 - Fresh Start Durham
- Holistic Empathetic Response Team (HEART)
- Community Health Lab
 - Medications for Opioid Use Disorder (MOUDs)
 - Project Mobile Addiction Treatment & Primary Care Services (Project MAPS)
 - Telehealth
 - First Aid and Wound Care
 - Optical Clinic
 - Medicaid Navigation



Photo courtesy of Open Table Ministries

Identified Hubs

- Hubs are regularly changing
 - Glenn School Rd.
 - New Hope Commons
 - Southpoint (area bounded by Highway 751 and Fayetteville Rd.)
 - Hillsborough Rd. (LaSalle St. To Neal Rd.)
 - Interchange of Highway 55 and Highway 54
 - Wellons Village



Implementation Plan

- Procurement and Contracts
 - Competitive procurement for services
- Medical Pop-Up Events
 - November 14th, December 5th
- Ongoing Hub Efforts
- Library District
 - SOAR Clinics
 - Outreach
- Data: Ongoing and Evaluation Metrics
 - Homeless Management Information System (HMIS)

Outreach and Team Structure

- Program Coordinator
- Outreach Specialists
- SOAR Specialist
- Downtown Outreach Specialist
- Compliance and Financial Oversight

Access Points

- October 28th at Open Table Ministries
- 2nd and 4th Tuesdays at OTM

Pop-Up Events

- Cross-County Collaboration
- SOAR Clinics: November 12th and 21st



UNITE

Unsheltered Neighbor Interventions, Therapies, and Engagement

A Central Pines Regional Council Initiative



CPRC Spotlight

Safe Streets & Roads for All

Matt Day

Transportation Director



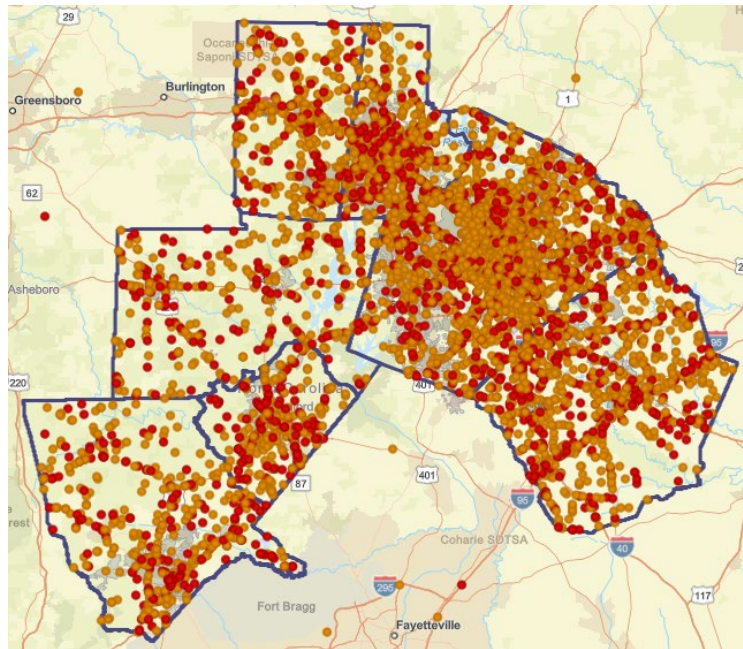


Safe Streets & Roads for All

October 22, 2025

Why talk about Safe Streets & Roads?

- In the last five years (2020-2024) there were **1,192 fatal crashes** and **3,548 serious injury crashes** in the seven-county CPRC region
- This resulted in **1,284 deaths (257 per year)** and **4,410 serious injuries (882 per year)**



Why talk about Safe Streets & Roads?



In 2023, Central Pines Regional Council was awarded a Safe Streets & Roads for All (SS4A) grant through the Federal Highway Administration



The grant totaled \$250,000 in federal funds, matched with \$37,000 in local funds, \$13,000 in CPRC funds, and \$12,500 in CPRC in-kind hours

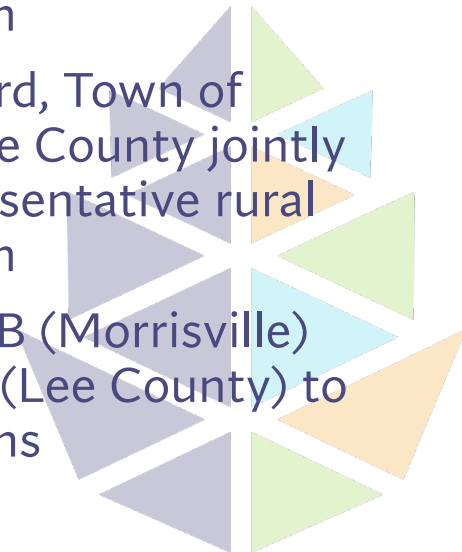


To develop the grant application, the CPRC grant team reached out to member communities and developed a joint application for the development of **two Safety Action Plans** serving **four member jurisdictions**, in addition to a **regionwide safety data dashboard** and **regional safety planning templates**

Which communities did we work with?



- The Town of Morrisville created a representative urban/suburban Safety Action Plan
- The City of Sanford, Town of Broadway, and Lee County jointly developed a representative rural Safety Action Plan
- Working with VHB (Morrisville) and Toole Design (Lee County) to develop these plans



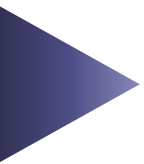
Safe Systems Approach

A key element of the Safe Streets for All program is a commitment to the “Safe Systems Approach”

The Safe Systems Approach acknowledges that:

- Death & Serious Injuries are Unacceptable
- Humans make Mistakes
- Humans are Vulnerable
- Responsibility is Shared
- Safety is Proactive
- Redundancy is Critical





Safety Action Plan (SAP) Elements: Goals

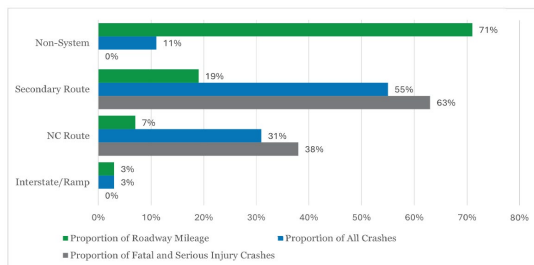
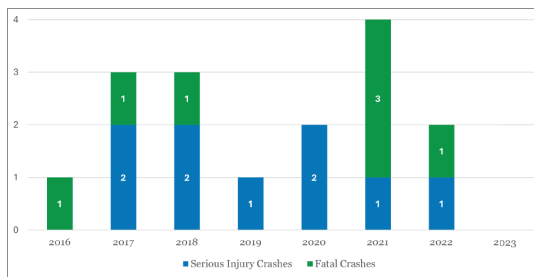
Safety Action Plans developed through the SS4A program must include adopted statements of a goal/target related to crash reduction in the community, allowing the communities to track future progress toward meeting their goals

The Town of Morrisville's goal is to **“reach and sustain zero fatal and serious injury crashes on streets and roads serving residents and visitors through 2035.”**

The Sanford/Broadway/Lee County plan's goal is to **“reduce fatal and serious injury crashes by 50% over the next 15 years.”**

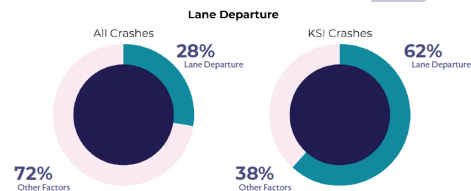
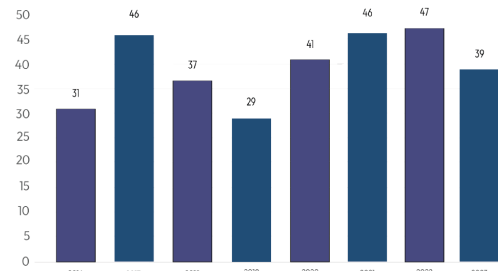
SAP Elements: Analysis of Crash Data

Morrisville



Lee County

Fatal or Serious Injury Crashes



SAP Elements: High Injury Network

Morrisville

Morrisville in Motion: A Safety Action Plan

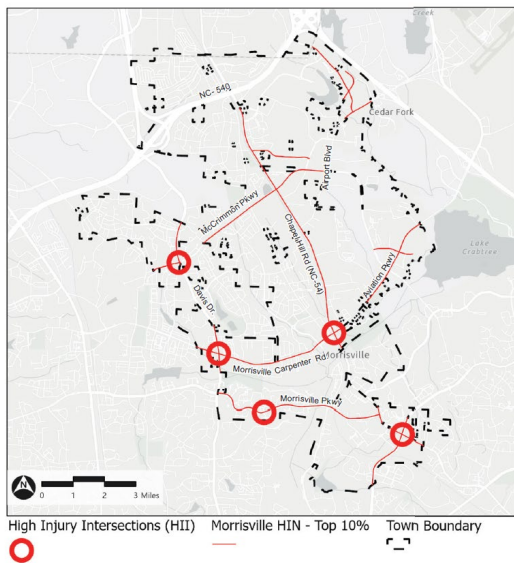
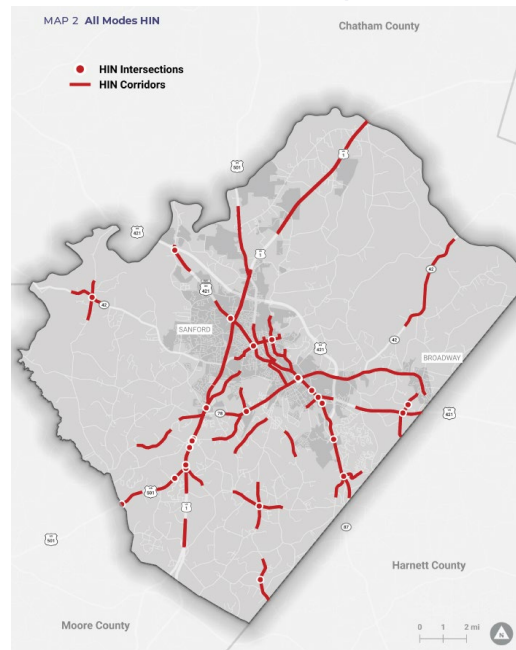


Figure 7: All Mode High Injury Network (HIN) and High Injury Intersections (HII)

Lee County



SAP Elements: Public Engagement

Morrisville



Lee County



SAP Elements: Strategies & Actions

Morrisville

Goal	Strategies	Priority
Implement a "Safety in All Plans and Projects" approach	Work with NCDOT and CAMPO to consider crash risk and crash history in all proposed STIP and maintenance projects.	Long Term
	Coordinate with NCDOT traffic safety unit to identify and prioritize transportation safety needs for near-term implementation.	Near Term
	Integrate speed management treatments into local projects in urban contexts.	Long Term
	Perform speed studies along roads with identified speed problems to identify potential safety improvements.	Near Term
	Set budget targets for and increase capital spending on safety projects.	Near Term
Implement systemic safety throughout town, prioritizing high risk locations in support of "sustaining zero"	Revisit multimodal network plans (bike, pedestrian, greenways, transit) with safety coordination as a primary objective.	Near Term
	Create an inventory of and implement systemic improvement projects for pedestrian crossings and intersection safety.	Near Term
	Inventory and assess needs for all warning and regulatory signage for pedestrian and bicycle networks and crossings.	Near Term
	Develop recommendations for safer crossings at or near transit service passenger access points and trail crossings.	Long Term
	Plan and design improvements that minimize pedestrian and bicyclist exposure at existing high-injury intersections and for planned and programmed intersection designs.	Near Term
Implement safety improvements across the High Injury Network by 2035	Construct improvements that minimize pedestrian and bicyclist exposure at existing high-injury intersections and for planned and programmed intersection designs.	Long Term
	Assess distance between crossings on multilane arterials and install PHB-controlled midblock crossings on high-speed, high-volume routes.	Long Term
	Perform Road Safety Assessments (RSAs) or similar safety studies along all Priority HIN Locations.	Near Term
	Create town-wide Access Management Plan.	Long Term

Lee County

ID	Action	Time-frame	Cost	Early Action Priority	Action Leader	Supporting Partners
1 Show commitment and accountability.						
1-1	Develop and maintain a trusting relationship with the neighborhoods and residents who are most impacted by dangerous roadways, including non-drivers, rural residents, people with disabilities, low-income households, and community members of racially and ethnically diverse background. Collaborate with community partners to design public engagement and actively recruit diverse stakeholders to participate in committees, commissions, etc.	Short	\$	*	Local Agencies	County, Neighborhood Associations, Local Organizations
1-2	Meet routinely with NCDOT to share data, identify streets of concern, develop consistent policies, and advance joint projects.	Short	\$	*	Lee County	NCDOT, Local Agencies
1-3	Update HIN map every 3 years.	Medium	\$	*	Lee County	NCDOT, Local Agencies
1-4	Report the percentage of new designs, retrofits, and maintenance projects implementing standards annually.	Medium	\$		Local Agencies	County
2 Plan, build, and maintain strategic multimodal projects.						
2-1	Prioritize Capital Improvement Plan/Budget and operating budget projects that overlap with the HIN and support multimodal transportation.	Short	\$	*	Local Agencies	County

SAP Elements: Safety Countermeasures

The Safe Streets for All program has a major focus on implementation of a menu of “proven safety countermeasures” – potential improvements where research has shown a measurable safety benefit

Examples:

Speed Management



Appropriate
Speed Limits for
All Road Users



Speed Safety
Cameras



Variable Speed
Limits

Pedestrians and Bicyclists



Bicycle Lanes



Crosswalk
Visibility
Enhancements



Leading
Pedestrian
Interval



Medians and
Pedestrian
Refuge Islands



Pedestrian
Hybrid Beacons
(PHB)



Rectangular
Rapid Flashing
Beacons (RRFB)



Road Diets



Walkways

Roadway Departures



Enhanced
Delineation for
Horizontal Curves



Longitudinal
Rumble Strips and
Stripes on Two-
Lane Roads



Median Barriers



Roadside Design
Improvements at
Curves



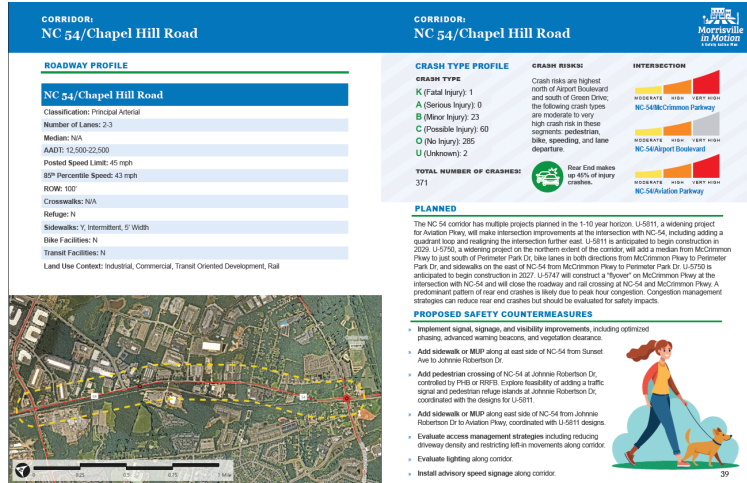
Safety Edge



Wider Edge
Lines

SAP Elements: Priority Location Recommendations

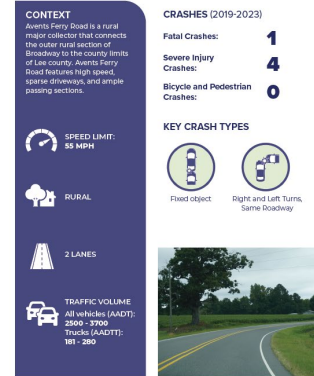
Morrisville



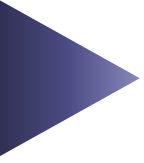
Lee County

5. Avents Ferry Road

From Weldon Lane to County Line (4.6 mi)



PRIORITY RECOMMENDATIONS | 67



CPRC Activities

- Management of consultant work
- Assistance with developing the example Safety Action Plans, including public engagement and community outreach
- Development of regional crash data dashboard, to be maintained with updated data each year when released by NCDOT
- Maintenance of project website
- Development of templates and materials for use by other communities interested in developing safety plans

Project Website:

centralpinesnc.gov/safestreets

Data Dashboard:

<https://arcg.is/0KCH52>

Other Safety Planning Activity in Region

- Capital Area MPO Blueprint for Safety
 - Safety Summit on December 3 at Wake County Commons
- Triangle West TPO Safe Streets for All/Vision Zero Action Plan
 - Safety Summit on November 20 at Chapel Hill Library
- Raleigh Safe Streets for All Comprehensive Safety Action Plan
- Knightdale Safety Action Plan Report
- SS4A Implementation grant awards in Chapel Hill & Apex
- SS4A Planning grant award in Benson



Requested Board Action

- As part of the SS4A Safety Action Plan process, local boards typically adopt goals and targets related to future traffic crash reductions
- While CPRC is not developing a Safety Action Plan of its own, we believe it would be appropriate for the Board of Delegates to consider a resolution supporting the safety planning goals identified by our members and partner organizations in the region
- We would also encourage the board to include a commitment to ongoing maintenance of our crash data dashboard as part of the resolution
- A draft resolution is included under your Consent Agenda items



Questions?

Matt Day, Transportation Director – mday@centralpinesnc.gov



CPRC Spotlight

Trinity AME Zion Church Project in Southern Pines

Lindsay Whitson

Community & Economic Development Director



Trinity AME Zion Church

*Historic Preservation Rehabilitation Project
October 2025*





Project Background

- **Program:** National Park Services (NPS) African American Civil Rights program
- **Purpose:** Preserve resources with a historical significance in the struggle for civil rights, equality, and the right to self-determination within the African American community
- **Funding Amount:** Up to \$750,000 for the nomination of eligible resources and rehabilitation projects
- **Performance Period:** Three years

In 1923, West Southern Pines became the first African American municipality in North Carolina and one of the first in the country, until Southern Pines annexed it in 1931. Trinity AME Zion Church was erected at the top of West Pennsylvania Avenue in West Southern Pines the same year the town became incorporated, but the congregation dates to the 19th century with members hosting services in their own homes.



The church remains a pillar of the community to this day and is home to nearly one hundred regular members, most of African American descent and serves more than 3,500 people per year through daily classes, monthly meetings, annual service projects and continuous civic engagement.

Repair needs:

- Roof
- Immediate structural and framing repairs
- Remove and repair the basement ceiling to better preserve its long-term integrity
- Address water intrusion
- *Overall – making the building more resilient and capable of withstanding future natural disasters, increased rainfall, and allowing for more useable space*





Grant Award

- ***Pre-application:*** Consultation with NPS, NC Historic Preservation Office, and members of the congregation
- ***Grant writing:*** Determined that CPRC would write the grant and serve as the fiscal agent
- ***Award:*** CPRC was awarded close to \$750,000 in July 2023
- ***Post-award:*** CPRC is the fiscal sponsor and project administrator
- ***Anticipated project closeout :*** Fall 2026

Project Phases

Phase I – Administrative

- Executed grant agreements with NPS and Trinity
- Met with NPS grant administrators
- Outlined timeline and set expectations with the Church leaders and members

Phase II – Design

- Competitively procured a design team
- Received three bids – selected Walter P. Moore
- Developing a Needs Assessment (underway)
- NPS has to review design documents at 75% completion (underway)

Phase III – Construction

- 75% design documents sent to NPS for review
- Round 1 formal procurement process (two responses)
- Round 2 formal procurement process (three responses)
- Recommending ***Queens Waterproofing and Restoration*** (lowest, responsible bidder)

Bid Tabulation

BID TABULATION SUMMARY						
Contractor Name	Base Bid Total	Add Alternate #1: Joint Sealant	Add Alternate #2: Repointing, Windowsills	Add Alternate #3: Exterior siding, cleaning	Add Alternate #4: Repair/Repaint Wood Trim	Total Base Bid & Add Alternates
Baker Restoration	\$135,698.00	\$8,250.00	\$35,750.00	\$27,000.00	\$5,600.00	\$212,298.00
Queens Waterproofing and Restoration	\$103,911.00	\$5,520.00	\$63,495.00	\$16,230.00	\$2,000.00	\$191,156.00
WxTite, LLC	\$141,507.00	\$12,191.00	\$184,263.00	\$39,655.00	\$5,130.00	\$382,746.00



What Led to a Successful Proposal?

- CPRC serving as the fiscal sponsor and grant administrator for the project
- CPRC writing the application
- Collaboration!

Business

- a. Proposed 2026 Board of Delegates & Executive Committee Meeting Schedule



Consent Agenda

- a. Minutes: August 27, 2025
- b. Resolution in Support of Transportation Safety Action Plans, Resolution #2025-10-01
- c. Approval of Trinity AME Zion Church Project in Southern Pines, Resolution #2025-10-02
- d. Approval of New CPRC Rates, Tariffs, & Legal Review Board, Resolution #2025-10-03
- e. Approval of Proposed 2026 Board of Delegates & Executive Committee Meeting Schedule

Consent agenda items will be enacted by a single motion unless an item is requested to be removed for individual consideration.

Roll Call Vote Reminder

One vote per local government



Around the Region

Prompt:



Chair's Report & Executive Director's Report



Other Business & Adjournment

